# SOWK 7480 Counselling Practicum I

This course requires the students to be actually involved in counselling young persons, and to take part in individual and peer supervision supported by case conferences, seminars and workshops.

### SOWK 7490 Counselling Practicum II (3,0,3)

This course requires the students to be actually involved in counselling young persons, and to take part in individual and peer supervision supported by case conferences, seminars and workshops.

## SOWK 7500 Family Therapy (3,3,0)

This course approaches to enhancing collaborative work with young people will be covered. In particular, the students will be introduced to strategies and interventions from the approaches of structural family therapy and solution-focused brief therapy as well as their application to specific youth groups with a diversity of developmental issues and needs.

# SOWK 7510 Cognitive-behavioural Therapy (3,3,0)

This course adopts a psychotherapeutic approach that is evidence-based effective for helping people overcoming many different types of psychological problem. This course provides students with a rudimentary understanding of the theory and techniques of cognitive behavioural therapy. Students successfully completing this course should be able to evaluate a client from a CBT point of view and be able to perform basic psychotherapeutic interventions using CBT strategies. In addition to the Western focused CBT, cross cultural issues associated with the application of CBT techniques in the context will be discussed.

#### SOWK 7610 Society and Social Policy (3,3,

This course aims to provide basic sociological concepts in understanding and analysing the society. It also introduces students to the theories of welfare and the tools in analysing social policies. Particular concerns will be given to the development of new social policies and social services in Hong Kong.

#### SOWK 7620 Human Development and Cultural (3,3,0) Differences

This course helps students to understand human development and the social environment. It also enables student to appreciate similarities and diversities of human behaviour from a life span, diversity and anti-oppression perspective, particularly with respect to social and cultural differences, and the challenges and strengths of service users and targets in the local context.

# SOWK 7630 Social Work Theory and Practice I (3,3,0)

This course is designed to develop students' ability to apply critical thinking and professional judgment in the learning and application of individual and family practice models to meet with the changes in the local context. It emphasizes the transferability of the repertoire of skills and theoretical knowledges across disciplines and contexts.

## SOWK 7641-2 Social Work Theory and Practice II (4,1,0)

This course is a continuation of Social Work Theory and Practice I. It is designed to equip students with the ability to appreciate theories and practice approaches of social group work and community work and to apply them in the local context. Changes in the social environment would be discussed to set forth the need to develop integrated practices. It also critically examines problems and issues in the application of the group and community approaches. Students will participate in a variety of role-plays, case studies and exercises so as to develop their consciousness and skills.

## SOWK 7650 Management in Human Service (3,3,0) Organizations

The focus is on studying selective organizational theories with the aim of fostering a general understanding of human service organizations. Another objective is to help students to comprehend the process, function and skills of management in

these agencies. Case studies are used to illustrate the application of administration in social welfare agencies especially in the Hong Kong context.

#### SOWK 7670 Social Work Project (3,0,1)

In this course students are required to conduct and write up a small social work practice related research project that may be based on their actual fieldwork or professional practice experience, or any other projects approved by the Department.

# SOWK 7680 Social Work Integrative Tutorial I (1,0,1.5) Integrative tutorials aim to provide students an environment to

Integrative tutorials aim to provide students an environment to discuss and integrate what they have learned from the classes and from their real life scenarios in a small group setting. Tutorials are of three hours each run seven times throughout the first semester.

# SOWK 7690 Social Work Integrative Tutorial II (1,0,1.5)

This is the second series of integrative tutorials with the same study aims of SOWK 7680 Social Work Integrative Tutorial I. Tutorials are also of three hours each run seven times throughout the second semester.

# SOWK 7700 Fieldwork Practice I (5,0,16)

Through fieldwork placement, students are facilitated to develop their knowledge and skills emphasizing on the synergy and integration of theory and practice and relevant to practice in a board range of social work settings in working with individuals, families, groups and communities. Emphasis is also focused on enhancing professional development and self-growth. The total number of placement hours is 400.

(Students must pass this Fieldwork Practice with grades not lower than "C-" in order to graduate from the programme. If a student achieved a "F" grade, he/she must retake the course and pass with at least "C-".)

## SOWK 7710 Fieldwork Practice II (5,0,16)

Prerequisite: SOWK 7700 Fieldwork Practice I

This is the second supervised fieldwork practice in the course of study. The total number of placement number is also 400. Please refer to SOWK 7700 Fieldwork Practice I for other details of the course description.

(Students must pass this Fieldwork Practice with grades not lower than "C-" in order to graduate from the programme. If a student achieved a "F" grade, he/she must retake the course and pass with at least "C-".)

## SOWK 7720 Social Work with the Elderly (3,3,0)

Prerequisite: Year III Social Work students or consent of the Department

This course provides students with an understanding of the ageing process and its implications for social work practice. Social deprivation and difficulties faced by the elderly will be explored especially in the local context. The existing social welfare, medical, housing and employment policy and services for the elderly in Hong Kong will be critically examined, together with consideration of alternatives in social service delivery.

## SOWK 7730 Social Work with Youth (3,3,0)

Prerequisite: Year III Social Work students or consent of the Department

The basic objectives of this course are to review contemporary theories and perspectives for understanding youth with particular reference to the socio-economic and political context Hong Kong, critically examine the discourses on specific dimensions of youth in Hong Kong, and examine and evaluate selected youth services and approaches to youth work with a review to promoting positive changes.

# SOWK 7740 Social Work with the Mentally (3,3,0) Disordered

Prerequisite: Year III Social Work students or consent of the Department

This course is designed to provide students with an understanding of a range of theories on the scope and causes of mental illness.